

Solutions Implemented in a Rural County Jail Following a Study Presented at 2018 NOFSW

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The Study Findings

N=143 jail inmates (98 men, 45 women)
High trauma symptoms
Clinically significant mental health symptoms
Very serious substance use problems
Low resilience

Solutions Implemented

Case managers replace classification
Universal release for open planning
Coordinated release planning
Vivitrol protocol prior to release

Services Being Considered

Use of peer certified supports
Involvement of “Inside Out” state prisoners
Trauma therapy groups
Pet assisted stress reduction groups
Mental health and addiction recovery
One stop shop for all services

Much Needed: treatment court, immediate services upon release, universal screening at booking, case management for all inmates



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